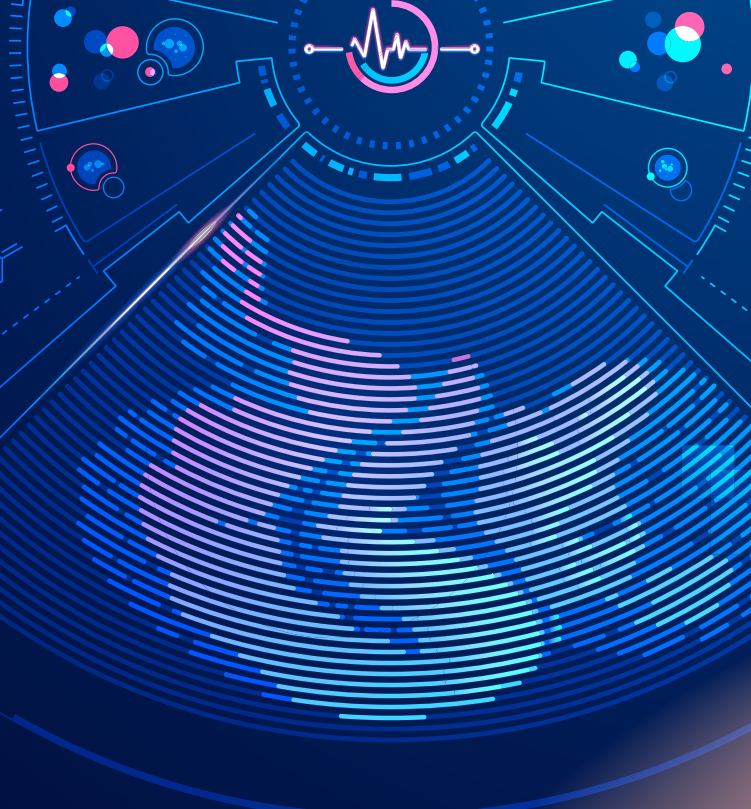




Masterclass Fetal Growth Restriction

A structured and practical update on
relevant aspects of fetal growth restriction

Saturday, 17th January 2026

Van Swieten Saal, Medical University of Vienna
Van-Swieten-Gasse 1a, 1090 Vienna

frauenheilkunde.meduniwien.ac.at/masterclass-fgr-2026

DEPARTMENT OF OBSTETRICS AND GYNECOLOGY



MEDICAL UNIVERSITY
OF VIENNA



Vienna Healthcare Group
University Hospital Vienna

Speakers

Samira Abdel-Azim

Department of Obstetrics and Feto-Maternal
Medicine, MedUni Innsbruck, Austria

Julia Binder

Department of Obstetrics and Gynecology,
Division of Obstetrics and Feto-Maternal Medicine,
MedUni Vienna/University Hospital Vienna, Austria

Christoph Binder

Department of Pediatrics and Adolescent Medicine,
Division of Neonatology, Intensive Care Medicine
and Neuropediatrics, MedUni Vienna/
University Hospital Vienna, Austria

Amar Bhide

Fetal Medicine Unit, St. Georges University
Hospital, London, UK

Andrea Dall'Asta

Department of Obstetrics and Feto-Maternal
Medicine, University of Parma, Italy

Gregor Kasprian

Department of Biomedical Imaging and
Image-guided Therapy, Division of Neuroradiology
and Musculoskeletal Radiology,
MedUni Vienna/University Hospital Vienna, Austria

Elisabeth Krampfl-Bettelheim

FetoMed - Centre for Fetal Medicine and
Gynecological Ultrasound, Vienna, Austria

Christoph Lees

Fetal Medicine, Centre of Fetal Care, Queen
Charlotte's and Chelsea Hospital, Imperial College
Healthcare NHS Trust, London, UK

Bronacha Mylrea-Foley

Maternal and Fetal Medicine Division, University of
Toronto, Canada

Raffaele Napolitano

Department of Obstetrics and Feto-Maternal
Medicine, University College London Hospitals NHS
Foundation Trust, London, UK

Pilar Palmrich

Department of Obstetrics and Gynecology,
Division of Obstetrics and Feto-Maternal Medicine,
MedUni Vienna/University Hospital Vienna, Austria

Tamara Stampalija

Fetal Medicine and Prenatal Diagnosis, Institute for
Maternal and Child Health IRCCS „Burlo Garofolo“
Trieste, Friuli-Venezia Giulia, Italy

Sophie Stummer

Department of Pediatrics and Adolescent Medicine,
Division of Neonatology, Intensive Care Medicine
and Neuropediatrics, MedUni Vienna/
University Hospital Vienna, Austria

Registration: [frauenheilkunde.meduniwien.ac.at/
masterclass-fgr-2026](https://frauenheilkunde.meduniwien.ac.at/masterclass-fgr-2026)

Registration fees

95 Euro Trainee/Sonographer/TRUFFLER

145 Euro Standard fee

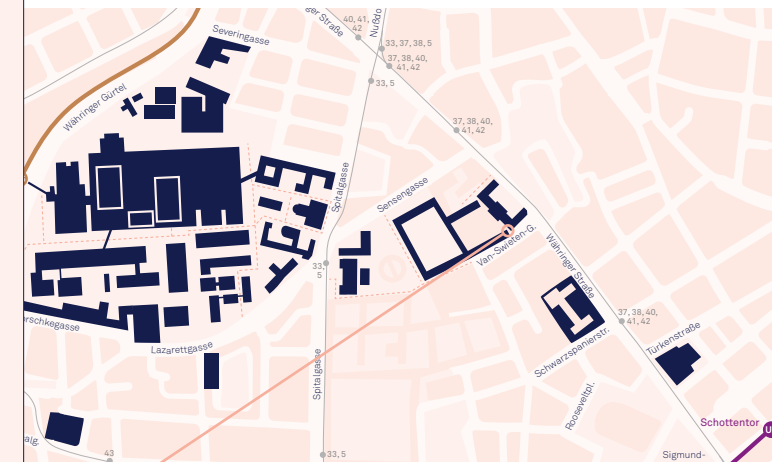
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Van Swieten Saal, Medical University of Vienna
Van-Swieten-Gasse 1a
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Dear Colleagues,

Our unique one-day Masterclass will provide a structured and practical update on many relevant aspects of fetal growth restriction (FGR).

The speakers will include nationally and internationally renowned experts in the field of fetal medicine.

We are looking forward to welcoming you in Vienna!

Chairs

Julia Binder, Medical University of Vienna
Christoph Lees, Imperial College London,
TRUFFLE 2 Group

Organisation

Department of Obstetrics and Gynecology,
Division of Obstetrics and Feto-Maternal Medicine,
MedUni Vienna/University Hospital Vienna

Head

Herbert Kiss, Department of Obstetrics and
Gynecology, Division of Obstetrics and
Feto-Maternal Medicine, MedUni Vienna/
University Hospital Vienna

Programme

9.00 – 9.30 am
Participants' registration

9.30 – 9.45 am
Greetings
Authorities and Introduction

9.45 – 10.30 am
TRUFFLE 2 – What does it all mean?
Christoph Lees

10.30 am – 12.30 pm
**Why is my baby small?
Pathophysiology behind FGR**

**Maternal hemodynamic function in FGR,
SGA and Preeclampsia**
Julia Binder

**Biomarkers in FGR, SGA and Preeclampsia –
ready to influence clinical management?**
Bronacha Mylrea-Foley

FGR and Genetics – WES for everyone?
Elisabeth Krampfl-Bettelheim

**The role of umbilical vein – Should it be measured
in every baby with FGR? Preliminary data from
TRUFFLE 2**
Tamara Stampalija

Questions and discussion

12.30 – 1.30 pm
Lunch

1.30 – 3.40 pm
**Clinical management, Ultrasound,
Doppler and fetal growth**

How to do fetal Dopplers – key tips
Pilar Palmrich

Timing of delivery before 37 weeks
Samira Abdel-Azim

Small baby after 37 weeks: Timing of birth
Raffaele Napolitano

**Biometry and Doppler charts:
Why the differences?**
Tamara Stampalija

Fetal growth velocity and in utero shrinkage
Christoph Lees

cCTG-Basics – For whom and how?
Amar Bhide

FGR cases – How to manage a fetus with FGR
Christoph Lees, Raffaele Napolitano

3.40 – 4.10 pm
Coffee break

4.10 – 6.00 pm
**Will my baby be ok? Neonatal
outcome and future implications**

FGR – not just a small baby – impact on fetal brain
Gregor Kaspran

**Growth and early childhood neurodevelopment
after FGR**
Sophie Stummer

FGR and predictors of outcome
Andrea Dall'Asta

**Individualized nutritional management in
newborns with FGR**
Christoph Binder

Questions and discussion

6.00 pm
End of the meeting